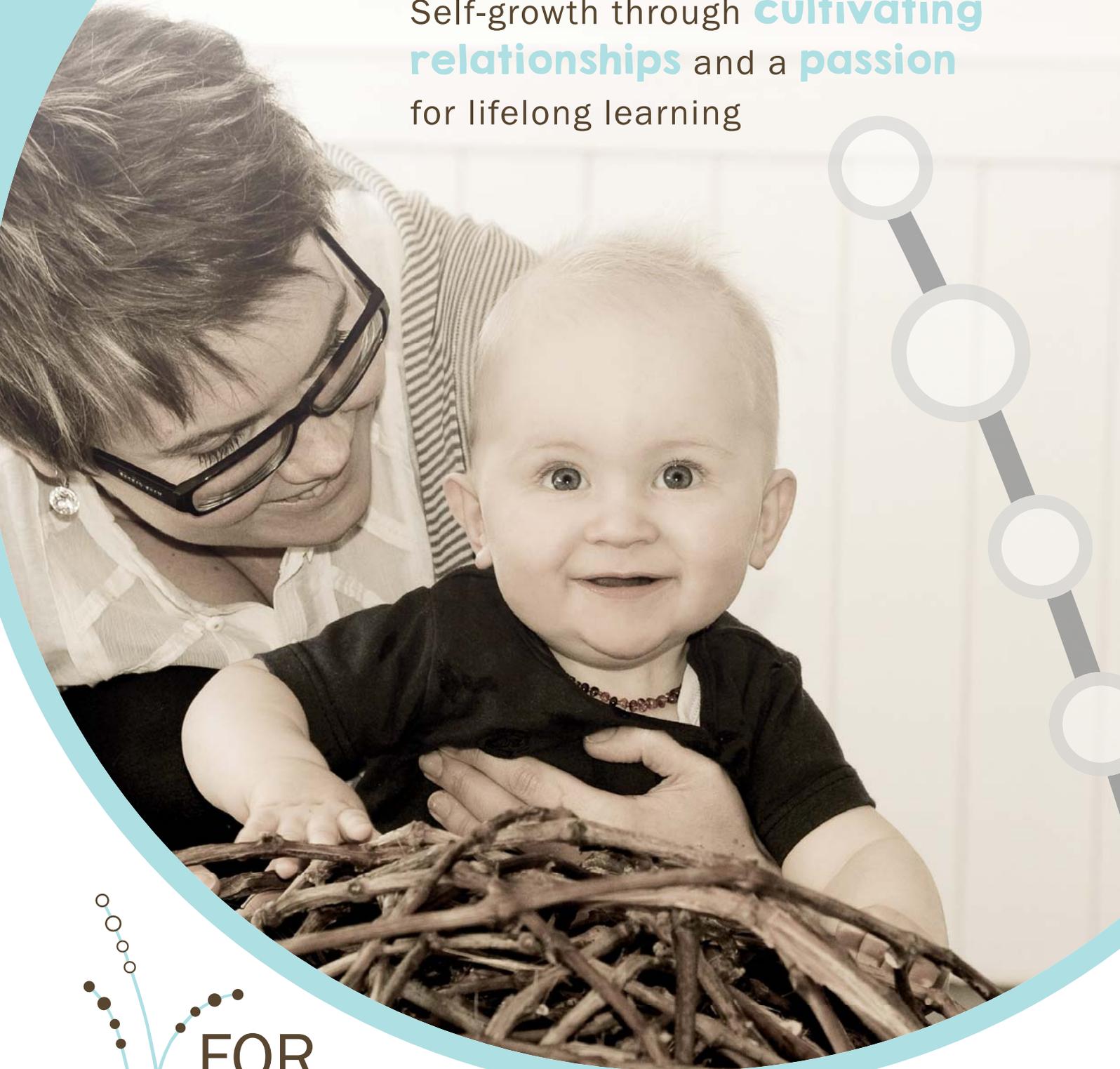


Inspire Me

Self-growth through **cultivating relationships** and a **passion** for lifelong learning



PORSE

IN ASSOCIATION WITH

In-Home Childcare . Training . Work



About Us

For Life Education & Training (NZ) Ltd

The important bit -

We're in the business of **building the architecture of the brain** so that we can grow **healthy, happy** and **secure** children



How does this happen?

By supporting the key adults in each child's life to understand the way that the brain works and the important role that they play in wiring it up.

Our day to day experiences become the lens through which we see the world.

We want all babies to be invested in nurturing, loving relationships. We want all babies to live into their potential and become healthy, happy and secure adults.

The details

For Life Education & Training (NZ) Ltd ('For Life')

Is an organisation focused on empowering and supporting all people to consciously be in relationship with others.

Our vision is to inspire self-growth through cultivating relationships and a passion for lifelong learning. Specialising in the delivery of early childhood education professional development, we provide a lens for looking at what it means to be connected with another and how we are able to support our infants and toddlers to learn regulation - the ability to understand, make sense of and respond to our world.

With the latest scientific research in early brain development and attachment theory informing programme development, we aim to walk alongside all parents and caregivers to support them in nurturing children to grow into confident, self-regulating, resilient adults.

Our philosophy is focused on the idea that learning occurs across all ages and stages of life. We aim to look not only at early brain development and the impact this has on the holistic development of infants and children, but to also look at how we can support parents, caregivers and teachers with growing their own personal effectiveness skills and emotional intelligence. Our education and training programmes focus on what it means to be self-regulated as an infant, a child, an adolescent and an adult.

Our facilitators are trained early childhood education ("ECE") teachers (at degree or diploma level) who have undertaken an extensive induction and training, specialising in child mental health and presentation and facilitation skills. For Life programmes are designed to meet the professional and personal development needs of both educators (teachers) and parents/caregivers.

For Life exists to serve anyone who touches the life of a child by offering ongoing education and training support that is strengths-based and focused on a strong vision for all children to be wired up for life through nurturing and loving relationships.

The best predictor of our child's **well-being** is a parent's own **self-understanding**.

DAN SIEGEL, MD

Our partner/parent organisation

PORSE In-Home Childcare
& Educator Training (NZ) Ltd

PORSE

In-Home Childcare . Training . Work

Our philosophy in a nutshell...

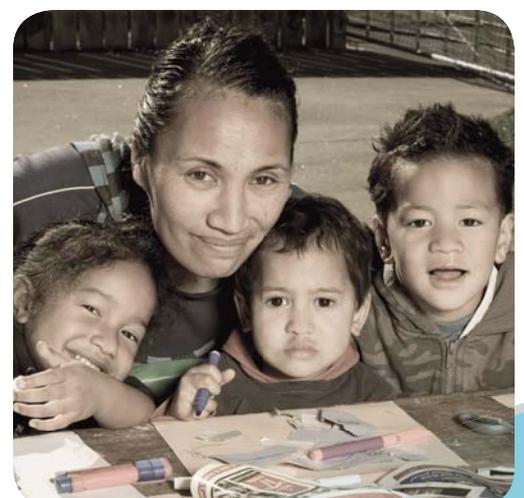
We promote in-home early childhood education and care as the 'next best' alternative to parents and caregivers staying at home with their children.

We partner with parents and in-home educators and teachers to support children to grow and develop in a natural home learning environment.

We understand the importance of meaningful relationships and experiences for children - especially during the first three years and the critical stages of early brain development.

We support in-home educators and teachers to create nurturing, sensitive, responsive and consistent environments for the children in their care, with small group sizes and the use of primary carers.

We engage in early childhood education and child mental health research, with decades of evidence in neuroscience and neurobiology informing the PORSE programme.





We encourage creativity, flexibility and innovation in each home - taking away the barriers that get in the way of the spontaneity and magic of childhood.

We respect the ever-changing and unique needs of families, working to provide them with responsive and accessible early childhood education and care.

We believe that if we can help get it right in the first five years, we can grow the next generation of responsible, resilient, competent and contributing members of society.

We enable adults to learn more about themselves, attachment relationships and how to nurture children during their most formative years as they play, learn and develop.

We advocate for the child always, holding them at the heart of all that we do.

The details

PORSE is a nationwide ECE and training organisation, trusted since 1994 by hundreds of thousands of families, students and educators. PORSE is the largest home-based ECE provider in New Zealand and currently provides services to nearly 7,000 enrolled children and over 5,000 families, with nearly 3,000 educators and 300 Community Team staff. PORSE has 39 offices operating within communities nationwide.

In working with PORSE Education & Training and For Life, PORSE also aims to unleash human potential through purposeful teaching and learning.

PORSE Educators focus on a holistic development and learning pathway that is relationship-based and promotes self-efficacy skills. Programmes recognise and respond to individual needs, family and whanau values, cultural diversity and what it means to contribute to the wider community.

PORSE Education & Training (NZ) Ltd was created in 1999 to offer quality early childhood education training to PORSE Educators, the home-based industry and the wider public. PORSE is the only home-based provider in New Zealand who is also an accredited Private Training Establishment.

STAR and GATEWAY training and education programmes have been established by PORSE Education & Training in secondary schools, contributing to the Government's Youth Guarantee goal of supporting all 16 and 17 year olds to participate in education or training to help them get to where they want to be.

A new and innovative Nanny Intern Programme has also been introduced to support 17-25 year olds into further training and work as a nanny in a family's home. PORSE Education & Training currently holds active NZQA accreditation to deliver the National Certificate in Early Childhood Education & Care (Level 3) as a distance provider, delivering course materials to 225 tertiary learners, 1,600 secondary school students and over 230 secondary schools nationwide.

The PORSE training philosophy is focused on meeting the individual needs of each learner through understanding that there is no 'one size fits all approach'.

Training programmes and educational resources are designed and developed in consultation with key stakeholders using an evidence-based methodology. Outcomes are measureable and evident in daily practice.



Our **training programmes** can be the **difference** that makes a **difference**

Here's why...

We **explore** the **wonder** of human development, **learning** and **behaviour** alongside the environmental factors that influence every individual from birth and throughout life.

We use the latest neuroscience and neurobiology as an evidence base. Child mental health specialists, researchers and early childhood education tutors **inform**, **design** and **deliver** content.

We don't try and sell a strategy or a theory – we offer a relationship-based approach that **supports** every parent and caregiver to look at what the content material looks like in their own lives and relationships. We believe in equipping them with the tools they need to **grow** and **strengthen** the relationships they have with their children rather than offering a 'quick fix'.

We are an accredited Private Training Organisation, have loads of **experience** and a **focus** on **supporting** every learner to not only complete but engage in their learning in a meaningful and authentic way.

We have trained facilitators backed by a robust quality assurance process that ensures **confident**, **capable delivery** and **support**.

We see ourselves as social entrepreneurs. We really are in it to make a difference and be a part of a positive change movement.

We advocate for responsive, **one on one relationships** in a **consistent** and **familiar environment** for every child.

We hold the child at the **heart** of all that we do.



Sound
Interesting?

Here's
what we
offer

INSPIRE ME

PORSE Education & Training Courses



National Certificate in Early Childhood Education & Care (Level 3)

Delivered by PORSE Education & Training, this is a 21 week course that inspires carers, parents and educators who have a commitment to work and learn alongside children under the age of six years.

This course is accredited by the New Zealand Qualifications Authority (NZQA) and offers unit standard-based learning and a nationally recognised qualification. It is a distance learning course and learners can study independently or attend Programme Study options provided by PORSE Community Teams.

First Aid

In partnership with St John, PORSE offers a tailored child first aid course recommended for parents, grandparents, family and anyone looking after children. This course runs for 4.5 hours, is a recognised qualification for home-based early childhood services and includes NZQA unit standard 25459 'Provide First Aid for Young Children'.

Secondary School Learning

STAR/Gateway or Trade Academy Programmes

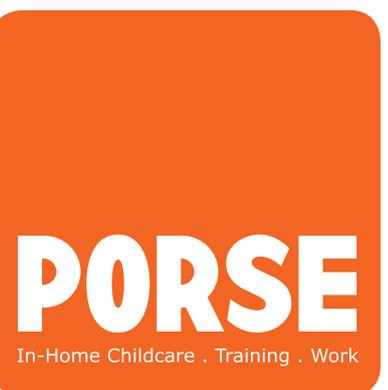
Secondary school students are able to combine PORSE Learning Guides with their study towards the National Certificate of Educational Achievement (NCEA), offering nationally transferable Unit Standards or a tertiary qualification. PORSE training enables students to grow an understanding of the early childhood education sector through engaging with the curriculum and looking at the holistic developmental needs of children aged 0-5.

STAR, Gateway or Trades Academy programmes are available to students in years 11 to 13.

Nanny Intern Programme

The Nanny Intern Programme offers an opportunity for 17-25 year olds to transition from study to work as a PORSE Nanny Intern. It involves learners completing the National Certificate in Early Childhood Education & Care (Level 3) while working alongside a training family to gain hands-on, experiential learning.

Nanny Interns benefit from free training and are placed with a training family for 20 weeks, with the training family paying a heavily subsidised hourly rate in return for in-home support.



INSPIRE ME

For Life Education & Training Courses



The Power of Relationships

“There is no such thing as a baby, there is a baby AND someone” DONALD WINNICOTT

Combining an engaging mix of real-life stories, cutting edge research and internationally-sourced ideas, this workshop focuses on:

- how we are all hardwired to connect.
- the steps to building relationship security and resilience.
- the truth about stress and the developing brain.
- what all children need and want.
- five key factors you need to know about when investing in caregiver-child relationships.

Talk to Me

Communication, conversation and the foundations of language

Delivered as a one session workshop, Talk to Me encourages participants to understand how babies and young children communicate. The learning from this workshop focuses on what is needed for authentic communication - this includes full attention, presence, full listening, attunement and sensitive responses.

Growing in Connection

Understanding the science of relationships and how to build a foundation of love.

Delivered over six sessions, Growing in Connection focuses on what we all need to reach our full potential and encourages participants to think about how they interact and build relationships with the children in their lives. Each session focuses on a core element of what it means to be in relationship with another:

Session One	The Developing Brain
Session Two	Connectedness
Session Three	Attunement
Session Four	Regulation
Session Five	Engagement
Session Six	Support

With strong links between the content and New Zealand's early childhood education curriculum, Te Whāriki, Growing in Connection aims to provide all adults caring for young children with up-to-date information about the developing brain, attachment theory and the importance of early relationships.

A Journey of Discovery

The Journey of Discovery programme taps into our innate lifelong need to connect with others, sharing an evidence and research base that investigates the art of human interaction and connection with a focus on each participant's own unique experiences and reflections.

This programme combines eight different discoveries to support participants in supporting children to grow their:

- Emotional intelligence
- Resiliency
- Sense of security and belonging
- Capacity to self-reflect and self-regulate
- Self-efficacy skills and ability to engage in successful life experiences
- Capacity to take on roles of responsibility and leadership challenges
- Sense of contribution and knowledge that they are valued.

The discovery learning programme can be offered as a complete package or as individual discoveries in one-off sessions and tailored to support both teachers and parents.

Incredible Years Programme

Supported by the Ministry of Education, For Life Education & Training is an accredited national provider of The Incredible Years Teacher Programme.

Delivered to qualified early childhood education and primary school teachers over a six month period, this programme intends to reduce challenging behaviours in children and to increase their social and self-control skills. The Teacher programme provides strategies to improve the way things are managed, help promote pro-social behaviour with children and reduce a child's aggression and non-cooperation with peers and teachers.

Bespoke Training

What is it? Anything! We are able to create workshops or longer trainings that focus on personal effectiveness skills, child mental health and wellbeing or early childhood education and care topics.



A young child with blonde hair and a butterfly hair clip is playing with a toy train. The child is wearing a light blue dress with white polka dots and a dark skirt. The child is holding a red block on top of a blue train engine. The background is blurred, showing other toys and a wooden box.

**Want
to know
more?**

If you would like additional **information** or **quotations** for any of the **courses** and **programmes** that we offer, please contact Erin Maloney.

General Manager

FOR LIFE EDUCATION & TRAINING (NZ) LTD

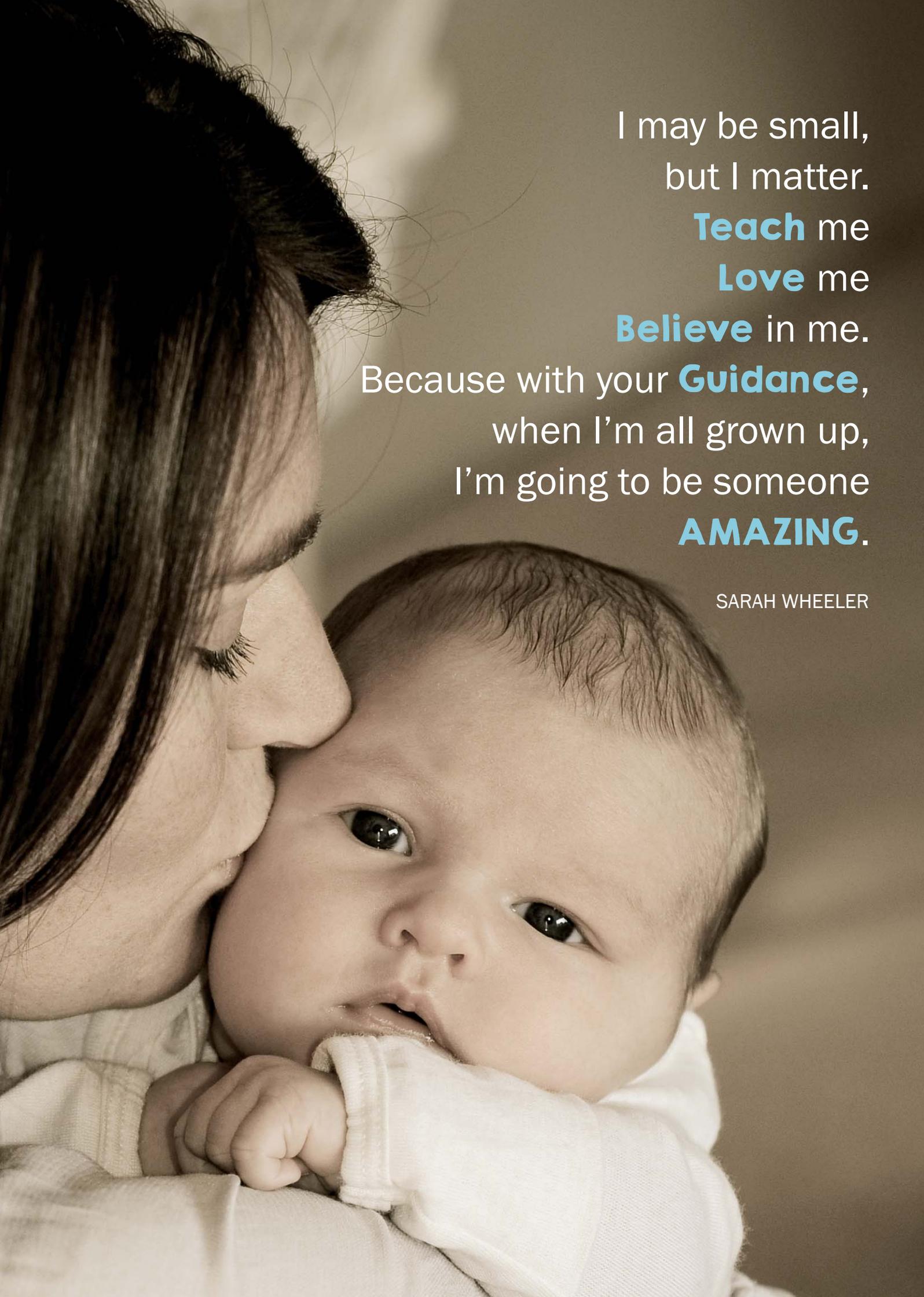
PORSE EDUCATION & TRAINING (NZ) LTD

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I may be small,
but I matter.

Teach me

Love me

Believe in me.

Because with your **Guidance**,
when I'm all grown up,
I'm going to be someone

AMAZING.

SARAH WHEELER