

Dear Commissioners of the productivity enquiry
into Mental Health,

I have a friend who had his son
medicated on ritalin. He was
no longer social and become
very withdrawn from others.

Prior to the medication he
was a young happy young
boy, who loved to socialize
with others. Now he appears to
walk around in a Zombie state.
my concern is that this child
was medicated because he is
active. I'm not sure this is an

illness that needs medication. My son who to was quite 'active' as a child, I put him on fish oil and within a month he behaved a lot calmer and really done well in life. I got this data from a book written by Adelle Davis. Natural remedies if your body is lacking some vitamins or minerals.

I believe medicating children will in the long run create more problems in society, and I am very concerned that normal child behaviour is looked upon as a mental illness.