



Productivity Commission

22/01/2020

Dear Sir

**Submission Mental Health - Early detection,**

I write this submission as a concerned citizen who has considerable experience being a former Executive Director and Board Member of a Drug and Alcohol rehabilitation service, seeing the effects of drugs on individuals and the behaviour of individuals across all the spectrum of ages, as well as the efficacy of other rehabs and their medical models which involve drugs.

The early detection program states that it wishes to detect early physical issues and emotional development issues in very young children.

I have no issue with detection of physical issues, but emotional development issues in three-year-old or young children?

What does this mean, other than a disguise for the detection so called 'mental health' (labelled as emotional issues) issues, despite being denied, that will lead to the inevitable prescribing of drugs to three year olds and young children to handle these so called 'emotional issues'?

I put it that: -

- a) There is no scientific evidence for "emotional issues" in young children other than opinion, by psychiatrists and psychologists that it not backed up by pathology or anything else
- b) Normal childhood behaviour in previous generations is now a 'problem' being diagnosed as various syndromes, stress, and categorised as emotional issues
- c) There is evidence that dietary issues, such as lots of sugar in a child's diet can result in agitative behaviour. This is not an emotional problem but a dietary one!
- d) The prescribing of drugs to very young children is endemic with no evidence these drugs do anything other than quieten the person down, dull his reaction time and perceptions. This is obvious, as I have seen these effects of a wide range of street drugs and medical drugs used over a long time
- e) Drugs used to treat so called ADHD in young children is an amphetamine which is an addictive drug
- f) There is no long-term study on the effects of these drugs but from my experience they are harmful.
- g) I would hate to have been checked for 'emotional " issues when I was a child ( we did get physical examinations) and be diagnosed with " something" when in reality these are just "issues" of life that can be handled by physical means e.g. ( diet) or other non- drug and means such as education and training.



- h) The diagnosis and prescription of drugs for so called emotional issues in youth children is a Human rights violation of the most vulnerable in society as they cannot answer back as too prevent long term psychological scaring by drugs.
- i) Once in the “round “of psychiatric and psychological care, this tends to go on and on leading to long term “treatment” -
- j) Getting parents to get their children checked out for “emotional problems” is a deception with the intent of drugging them and controlling them.. Parenting is the issue with child raising and the parent don’t know how to raise or control their children- it is not the child that is the problem unless there is some manifest Physical medical issue supported by medical evidence.

Yours Sincerely

Alex Robertson CPA