



# Rob Meister

## Re: Proposal on 0-3 Mental Health Screening

Dear Commissioner

As an Musician, Hit Music Producer and Humanitarian, I have had personal experience with Psychiatry and Psychiatric drugs with friends and fellow artists.

The proposal of screening with the intention of knowing and determining the future Mental illness of any child, let alone 0-3 year olds, is not only strange, but I find it extremely scary for our Nation. The list of “symptoms” for “mental disorders” I have read are things that everyone of us has gone through as children.

Furthermore, the quantity of factors that determine any child/persons Mental Health eg: personal habits, Diet, Exercise, Education, accidents, friends, Parents, TV, not to mention the decisions the individual makes as they grow, are way too many for anyone to even consider they could determine if a child would be mentally ill, now, next year or in two decades.

Furthermore, the idea of labelling these children for life, is something that I have only seen harm. I have had friends whose lives have gone downhill

from anti-depressants and being labelled, it wasn't until they were medically removed from the drugs, were there lives changed for the better.

I also know others that became criminal drug addicts which started from Psychiatric drugs and being labelled, so it is not a path I would EVER recommend for anyone, let alone a baby/child.

There are many good people working in the Mental Health field, but from my experience pushing the Pharmaceutical model is increasing our Nations mental health issues, not lessening them. If the emphasis on longterm drugging was effective and they didn't have the long list of side effects, black box warnings and they didn't cause nerve and brain damage, then I would be all for it.

Sadly they do not, so the idea of creating more potential drug addicts out of our Nations babies/young children is absolutely abhorrent to me.

Please take into consideration the above.

Sincerely

Rob Meister