

## **Scope**

The Commission should consider the role of mental health in supporting economic participation, enhancing productivity and economic growth. It should make recommendations, as necessary, to improve population mental health, so as to realise economic and social participation and productivity benefits over the long term.

Without limiting related matters on which the Commission may report, the Commission should:

- examine the effect of supporting mental health on economic and social participation, productivity and the Australian economy;
- examine how sectors beyond health, including education, employment, social services, housing and justice, can contribute to improving mental health and economic participation and productivity;
- examine the effectiveness of current programs and initiatives across all jurisdictions to improve mental health, suicide prevention and participation, including by governments, employers and professional groups;
- assess whether the current investment in mental health is delivering value for money and the best outcomes for individuals, their families, society and the economy;
- draw on domestic and international policies and experience, where appropriate; and
- develop a framework to measure and report the outcomes of mental health policies and investment on participation, productivity and economic growth over the long term.

The Commission should have regard to recent and current reviews, including the 2014 Review of National Mental Health Programmes and Services undertaken by the National Mental Health Commission and the Commission's reviews into disability services and the National Disability Insurance Scheme.

## **Process**

The Productivity Commission should undertake broad consultation, including with carers and consumers, and by holding hearings in regional Australia, inviting public submissions and releasing a draft report to the public.

The final report should be provided to the Government within 18 months.

By examining mental health from a participation and contribution perspective, this inquiry will essentially be asking how people can be enabled to reach their potential in life, have purpose and meaning, and contribute to the lives of others. That is good for individuals and for the whole community.

A person without a diagnosable mental illness could be experiencing escalating or sustained psychological distress which reduces their participation in, and contribution to, society.

over the long term. From the Commission's initial consultations, this seems likely to include:

- people with a mild or moderate mental illness (such as anxiety and depressive disorders) because they account for the vast majority of Australians with a mental disorder (figure 2)
- young people, because mental illness at a young age can affect schooling and other factors which influence opportunities over a person's lifetime — moreover, most mental illnesses experienced in adult life have their onset in childhood or adolescence (McGorry et al. 2011)
- disadvantaged groups, such as individuals from very low socioeconomic backgrounds and people residing in remote areas because they may have more difficulty in accessing services which could improve their mental health (AIHW 2018d; Harris et al. 2010; Meadows et al. 2015)

suicide prevention, because the years of additional life lived, and associated social and economic participation and productivity years into the future, can be significant.

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#### QUESTIONS ON STRUCTURAL WEAKNESSES IN HEALTHCARE

- *Why have past reform efforts by governments over many years had limited effectiveness in removing the structural weaknesses in healthcare for people with a mental illness? How would you overcome the barriers which governments have faced in implementing effective reforms?*
- *What, if any, structural weaknesses in healthcare are not being targeted by the most recent and foreshadowed reforms by governments? How should they be addressed and what would be the improvements in population mental health, participation and productivity?*

My husband says,

Member Pat Dodson who asked where is the Prime Minister, of this country, in the acknowledgement of handing back the sacred, spiritual emotional mental, centre of this country at last weeks event, returning the sacred back to the Traditional owners.

By stop climbing on Uluru, and start respecting indigenous dreaming, turning away from the climb of Uluru and begin renewed respect for this walba rock centre, viewed from a distance The symbolic gesture of The Government Ministers of cabinet and election are all denying this handback by ignoring the first people celebrations of respect Government physically being in attendance, to show this was a meaningful event to the values in Australia & Commonwealth Governments, and the wholesome improvement of mind over matter issues in the world and our Australian community.

The way forward is to write a new Act of parliament

This action is more of the same discrimination that was written from the beginning first acts of Australian Parliament towards indigenous people in thus country and your document describing such behaviours contempt

Speculation through these commissions delays everything and people know they are not being listened to and their thinking changes or is impacted by negative input from Government control policy and procedures designed to standover until lifetimes which is the intimidating impact of outdated Government Acts of policies and procedures, with regards

the healing of respect required for Australia's first peoples dreaming outside of the framework of Government mental health issues is the dreaming of indigenous heritage trust. We stand by the dreaming of first Australians heritage trust, because this is creative spiritual centred energy, from ancient earth providing stability of thought patterns to individuals who are otherwise floundering and feeling unwelcome in society. Our indigenous heritage belongs together, in praising God Bulurru our creator of all things and in the dreaming, together with our feelings of happy, or not so happy on a scale of emotional tonics fluid and moving through everyone in large amounts of colourful energies that need healing although humanity.

As Governments obviously are not in step with their sovereign traditional owners of each cultural land air, waters, tribe the world over, we find Government delivering policy from unconscionable mind conditions over the free thinkers, artisan cultural performers of society

In our personal experience, we have been exposed to intolerable levels of humiliation, by Government Departments, and perverse disrespect, to the service of our needs, by Government Departments. Eg: recently this morning we have tried communicating with the Housing Department in Cairns and Brisbane whom have offered no respect in why their new policy of taxing our lives with higher rent, without warning when the rent had gone up twice already in 12 months?

And we are governed by the Commonwealth policy and procedures on how to treat people of a particular race? written in the beginning Acts of the Australian parliament undermine of life today, stealing our earnings all the while., and not delivering on maintenance requirements, either to our lives or our housing requirements for health and safety? yes this behaviour of paid Government Department towards those of us whom are also paid in the Department of low income or remedial support claims due to disability because of historical denial; of impacting Government Acts created back in the day to control and deny the indigenous people as is also written disrespecting the first peoples in your documenting to ask the world how to fix your mental health issues in this country? Commonwealth Begin by acknowledging truth, historically of the domestic violence, because while domestic violence is erupting and liars are free to lie, then we have the seedbed of madness, while people are wandering far from their own soul spiritual mental emotional truth and reflected in their physical wellness through their needs and desire for input into society, or expressions of the art as in heaven as God Bulurru intended.

Truth is listening to the people bina ngunda-l, my own mother was given morphine as my elder sister informed me some weeks after h my mother funeral.

The lies around how and why elderly people are being abused, when I visited my Mum last year she told me she could feel nothing, and her bruising was extensive and there was cut above her eye the time we visited, I was crying for days to see what is happening to my dear mother?

From what my eldest sister describes it is known as "comfort care?" in the aged care industry. My strong and beautiful Mum who was mistreated in that elders village intellectually decided over by others, for the past two years she was there, and the morphine she was given in the name of "care"

I was told by [redact] in the CHSC today that she would drop my phone call because I was not happy about being taxed \$14 extra beginning today without any warning? That [redact] decided I needed counselling around the decision of increasing taxes on our family in this way?

Yet I replied to your Government paid worker in Housing Department Cairns that I believe your Government policy and procedures is needing counselling round the way you quickly jump to reduce and punitive any human being earning any small amount of \$50? Or \$1000.

In our family we have told Centrelink that we were paid \$100 last fortnight from Ngoonbi corporation now we are penalised by CHSC increase to our rent because of that earning? Without warning by rude Housing Department, leaves us feeling that we should never work or if we do work, that we should never receive payment, because there is hell to pay in Centrelink,? if we earn anything in our small business activity.

punitively punished by Government control mongers, all this hell while the Government Ministers pay themselves and earn more than any poor person can imagine, just to survive and Government Ministers is never penalised, or brought into question or brought to justice, about what their earnings are grossly overpaid ballooning big time or how large earning could at all possibly affect repayments to their landlords?

Government Ministers have no problems with Landlords or Government Housing , because being so wealthy and unintelligent all at the same time, provides no room for true providence by God,

while Governments pretend to “deliver” it’s all a façade, and really bullshit and lies about rich humans being rich , and keeping everyone else humanity poor and in poverty, as these are the terms dictated by Commonwealth successive Governments since colonisation and seem to need changing at this very moment to respect the truth in climate change or why humans are not productive in this country? while the numb nuts in policy making positions are so removed from the poor, that there is no heartfelt compassion,.

For example, Government Ministers in Canberra needs debriefing inside the community of their electorates, but that is not how things work in this country The health system that provides drugs to the people and says oh well soldier on? When we should be training our defence force to maintain the earth environment and cleaning upon the mining sites planting trees and cleaning up the oceans. defence force of the new millennia needs be biological scientists and caretakers of conservation also.

Why we do need to understand man is not to be trained for murder of another human generation, in defence but now to act towards every humanity with compassion no matter race or creed or colour?

When we act listen, with our hearts compassion, we hear the masses of humanity crying for the mother earth and Government gauges its policy and procedures accordingly, instead of trying to deliver itself on promises. we need Government to listen bina ngunda-l look listen to within their communities, then act with their money towards what their first Traditional owners really need. Being the position of money is for the service of the people.

Humanity needs to be job sharing. Divide every single Government position into two jobs, For the respect and value of humanity in environment and pay each as a true single wage equal and better to todays award rates for the people to learn compassion they first need compassion, from authority, from Government bodies, and all authorities of this country bulmba abmba.

People are usually sad when being made to remain in inexcusable poverty

My husband first work is on the local Railway of the region, now most of the Railway is broken and shut down? Disconnecting the people from their communities and their ability to

travel safety and visit each other in different areas. Restore meaning travel along the earth, rail travel without fossil fuels for the health and improve quality of life for the people of this region. Stop Adani stop thinking about it because of their monies being paid to your Government to think about selling out to them , Stop Kur world or selling out to any form of subdivisions around this region because, this is global action required in saving this Peninsula of North Queensland the gas extraction from up in the equatorial regions better stop , the mining for oil in the South Australia Great Australian bite better stop immediately, no more coal mining. No gas mining, no uranium mining, move quickly to wind farms offshore and solar panels mostly, mining is an outdated industry in this country we need to convert our thinking towards renewables quick smart.

Otherwise we have so many humanity unbalanced and unhappy, and so many humanity consider removing themselves from the world simply because they see no way forwards under this punitive regime of dictatorship by Government and drugs make it a cool way for humans being , to escape the punitive hard times of life with nothing , because of Government policy and procedures, about how we care for the traditional owners of this Life of artisan cultural humans being, fluctuates each day, but we remain true with other vibes and reasons, for creating things, from surrounding environment , to help others learn for their own selves how we need to assemble ourselves and allow work on the meaningful purposes in life , what is meaningful ignites our spiritual wellbeing, which in turn moves through our being like a kundalini, Buda Dji , and we are the better result of wellness from the shared thinking that some things genuinely are good for us, and some things are not good for the earth, our mother nature to help in the recovery of mental anguish of the humans being upon the planter our earth, is to look at the ground the bulmba, look at the creations of nature more grand that we tiny beings? And honour the art of our creator Lord God Bulurru

This type of work provides meaning for the first peoples whose needs are simple , to travel in comfort style and safety across their country and to have this maintained for all of humanity to relax on journeys other than the road and to create more work and employments for the people both local and care for the travellers of other countries to enjoy the enormous and grand history of our blessed environment in this part of Australia  
Jesus Christ tells us that we need our hearts compassion to give towards others which is not the way of this Australian Commonwealth Government who take more than they give.

While in Italy the humans accrue leave forever if its not used but in this country my superannuation is all eaten up by the same domestic violence, that has punitively punished me for earning my own small business living for having the sound mind to carry on a business activity , and then be put aside by the control of others in society and then stuck in a criminal law system which seeks no answers?? to the violence that thrust our lives there into its criminal injustice system, that your Government is saying we need to change, but then we still have never been answered in our discrimination matters, and we are still being ripped off? by Government

and not being given in return for our true artisan quality is being disrespected by the modern finance junkies of this country the gurus, he'll bent of getting their dollars beyond and before the wellbeing of the caretakers of society the first peoples Traditional Owners, whom have in need for so greater than those of law in Government, pretending to act for the poor today , and taking more than what they ever needed away from the poor in their own brochure of thinking(lawyers acting for poor? and we poor are forced to defend our own, true thoughts

regarding the devaluing of our lives underwritten by the lies you produced and written unintelligent Acts of Parliament since colonisation? and needs updating so the respectful actions would see the Government compensating humanity where it is deemed socially responsible healing choices and inclusive respect cultural artists, traditional owners

The decision needs to be, how much we recognise respect the earth is our mother nature? of all humanity, providing nature's vibes to alleviate stress naturally and how much do we care to share this with humanity instead of the pill's drugs and prescriptions, or to educate every child to alleviate their stress with connection to an ancient rhythm language here they are born and raised living life to their full potential, because Government had the respect to acknowledge some things about First peoples traditional Tribal owners in humanity, are true to our humanity souls in the ancient healing Ngirrma Olkola rhythms we practice, there is healing for the soul to think along the traditional owners lines of thought patterns, instead of always commonwealth thought patterns culture dominating to confusion, learn that we honour more of the first peoples of the country, with regards meaningful lifestyles and more holidays time for up to 3 months for humans to be paid enough equally and rested the same as you would do when you train to become elite at something, there is rest periods, and sometimes the frequency per year is necessary as we work into later life years, we need activity and rest, to absorb ideas and communications with others going out into the society community requires energy input from us, to give we are required to give of ourselves, yet we also require Government to accept our giving's, because this is our unique artwork because this is the inner work we need to do and each day a meditation in the soul for our real true purpose in educating others, of the beauty of God Bulurru creation and how we share our perspectives with those in need, of another way to look at the world. Not always in rosy coloured glasses, yet sometimes with hard light of day.

For example when you train humans to murder others, in war that is brought about by the desire of poverty and control of humanity, and poverty also becomes an ailment of society as much as it is the control mechanism, which sets off such aggression as war thinking fighting for control is essentially child's play on steroids, because the drugs being fed to the people in the defence force, and the mental emotional anguish they are trained to endure and expected to act normally and blend in to society when they return from the horror movie they endured by hurting others, then they can never live with themselves for having deliberately taken the life of other humans being.

and in the health industry humanity never needed neither so much, drugs in the aged care in such deliberate doses, so as to impact families, and remove family members from the earth, my sister named it as deliberate culling of humanity? while at the same time pretend to care about the rates of suicide? and why really keeping people on the earth is so emotionally irresponsible when they obviously do not want to be here yet the ones that are elderly and do want to live and share in life, are being murdered and the youth being exposed to challenging of their spiritual; life by the new government rules that demand that two of the same sex makes for a happy contented family? far removed from the safety and balance of traditional owners dreaming first peoples, nations of tribes in humanity. Then Government chooses to reabsorb those humans back into society to become some type of special force controlling the environment at home or in the Parliament, & paid highly with regard their earned privilege? then we are beginning to lose our Christian values, while Government care less for the

poverty they keep people in, and more about their own buddies and selves , without helping the society by changing policy when it needs attention and changing procedures to help instead make punitive decisions about the earnings of poor people demising their lives even further while paying yourself and lawmakers all the top dollars is so unchristian

Humans being in poverty are already vulnerable if a government knows that alleviating the poverty requires individual financial scenarios being attributed to the poor families, then paying compensation to the poor is a requirement for the healing of the poverty in this country Australia bulmba abmba.

Government delivering services, is not the same level of thinking for some of us in poverty whom need to afford our own choices of preferred services, and without Government control of these decisions, herein lies the poverty Government uses, to control and standover the lives of our family in poverty mental poverty emotional poverty spiritual poverty because 2017 Government made a rule to break spiritual lore marriage meaning between man and woman the lore of God Bulurru Jesus Christ in the Holy Spirit draws our attention on,, because Government made a new rule that says natural first peoples families are less important and needs to be punished when all they families ever needed is to be replenished with the dime weight dollars your Members of Parliament use in their everyday life, because we offer the sound material thought about patterns of balanced thinking stemming from spiritual health and deep connections to nature in Ngirrma Olkola .

Our connections within these elements are denied by Government and devalued in the view of commonwealth yet we are ministers in our own compassion and care for humanity and the earth, from the edge of society where we have been marginalised because domestic violence has made more noise more louder say than we are being listened to, with respect for the experience we have survived to speak of some remedial actions which can help the quality of life for so many. Music languages dance arts cultural practices are one healing modality to help all ages in education and communities

We are applying for relief from all the taxes , taxing our life into hell is not a dreaming we hoped for, but is being forced upon our life by the returned special forcers ruining loose on their own hit of prescriptions plus.

Our only defence is prayer among the valley of the shadow and prayers for thy rod and thy staff to comfort us while the cruel governing fractions of violence steal our intellectual freedom by plastering pictures of dead people across massive farm sheds for all the drivers to become totally distracted at this larger than life figure in their passing that we must all pay our attention to her particular death? When it were a set by special returned army forces of the Australian Defence force and we will never bring the killer to justice because he is free to bring hell all around our lives on his own set of drugs and trained to kill is what he does best.

All the while the Government pretending this is nothing to concern them about the behaviours of ex-army personnel, and what they do to others nowadays, and the threat they pose by being allowed to dominate our environment with their murders and plasterboard

massive scenarios of crying for death? Why must we keep remembering those whom have lost their lives by the evil hand of ex-army special forces in Australia going out of control in this part of the country and being ignored by this states Government and the federal government and you wonder why people have a problem with being around on this planet? How sick is that?

How ignorant is your Government to pretend you have no clue about this smear campaign over our innocent lives here? all set up to impress how death and mystery is dominating this region without respect to let those people be at rest , and admit whom created the scene and let us be because it is so rude and pathetic to try creating this evil over the life of community All dead people should be removed from having their portraits plastered on massive farm sheds to distract the drivers of the region, and Government should be making new policy to protect communities from the unchristian actions of those who seek to push death in the lives of everyday people in “civilised society?” North Queensland Australia.

These are some of the issues we hope to have commented on, regarding the mental emotional spiritual wellbeing and physical wellness, all these components go together and without one is imbalance, therefore all these areas need checking when assessing the particular area of just mental health , especially in untrue unjust society, where lies are rampant greed is profuse and domestic violence dominates the Government over the people, all the while Governments are supposed to serve their constituents? this is the hope that some poor people have, is that one day the Government would show compassion and mercy for the life of their communities. By returning respect and stolen land wages and resources back to the indigenous traditional owner’s nations of tribes first peoples sovereign, restore human dignity.

Parents are the first teachers of love and of life, some of us need to go back and repeat some of steps from our learning, about love of one another until we learn how to love one another Forgiveness honesty piety , trust in the Holy Spirit to be with us and guide us from the distracted prescriptions being pushed upon our humanity as the only way to health equality.

Humans being who suffer acts of violence from other humans being in what is considered a civilised society, should never be penalised for trying to make a living, should not be taxed for their whole life by Government for trying to survive in this world. With the extra disadvantage of being persecuted by vengeful evil in the Victoria Police which is the situation in my life experience. Where I am being treated as the scapegoat for ugly evil of Victoria domestic violence police brutality force? Of civilised society although, I have lived with my husband here for 25 years in North Queensland half of my entire life, I am still today being taxed by evil from within the Victorian police force and other Victorian Government, whom never answered my application for victims of crime where I was dragged along from one court scenario to the next, made fun of by the court staff members, until there was a dead end and flat refusal to acknowledge anything which occurred? or its impact over my/our life? as is the denial here in the Queensland application also. and the only way to change this is by acknowledging the violence which occurred and has ripped my children from my life.

Eldest child, whom now, after three years , have heard a brief conversation from a young person age 32 my eldest child, in another country confused in England, trying to survive and everyone else is being his mother but he not allowed to know his real birth mother, until this has gone on since he went to live with his father side of the family at age 8. 1996

This displays a life for a boy who is denied his true mother, and now 3 /4 of his life spent thus far at age 32 in denial of his relationship to his birth mother, created by the dominance and control of his domestic violence perpetrator father ,all being hidden by Victoria police forever they promise, and I am blamed all these years never having my side of the story listened to? With no way of describing the distress to my eldest child, and we are so far apart after suffering so much trauma during his arrival to the earth and his early toddler years of his witness to the violence from his father upon his mother ,that impacted him being near or in the same room or vehicle when shit happened, is the terrible trauma for he has limited memory yet the feelings are confusing and full devotion to the loyalty of his father side of the liars story all this time , and painful for the child to admit what happened or to hear about the violence while he struggles with not coping in his personal relationships with a woman that he apparently married in 2016? and that is the end of the story?

If we had financial support we could restore some of that damaged relationships including our eldest three children whom are gone away from us with no interest to know or communicate with their parents, whom we are, is more distress to their lives than they could understand, now they all gone ripped away from my/our life, but we are in poverty, unable to maintain relationships with our grown children, because they are grown up and view us as failures, and real stress to them, because we have no achievements only Newstart Allowance ? of the material success, that they are seeking to have a better life , in the world, so they do not appreciate that we have endured anything , but they want a more material comfort than we could ever afford them, with our artists lifestyle, and our love of our commitment to our traditional marriage, and to carry our multicultural perspectives and share at all costs . To us the costs are enormous with no benefits, , and we are punished as our elders were /are also punished ,for being cultural and practician of the arts. Polices about first nations peoples in Australia today, need to be rewritten

Often turn to flower essence and vibrational therapies of music dance and Ngirrma Olkola, to lift up mundu magarri the Holy Spirit within, whom is guide and saviour for our life. Help all because we are humanity only as strong as our weakest link, no more rocket launching into outer atmosphere trips are burning up our atmosphere together with the need to change the fuel consumption in the aircraft flying around the globe now more than ever we need the rail ways now more than ever and stop the massive extinction rates of our species and all natural flora and fauna because ignorance is dominating humanity

Our fuel consumption needs recognise the Sun of God is the light of the world, adhere to this truth and we would all agree on where our energy is coming from. Yet because there are too many different greedy others demanding their energy is the best source for world consumptions and driven by the evil demands, for control . The truth is being denied and we are wasting peoples lives while prescriptions are taking so much of human intelligence quality of life, and screwing up our society, with many in

Parliament also suffering these issues and requiring prescriptions, to manage their tasks within Government?

This is the utmost unhealthy, model of practice.

Best practice would be the inclusion of pastoral carers in Government, at every tier of Government of local indigenous respect, for society whom interest in the spiritual emotional mental physical energies of every human being and by serving all of these levels, of our human nature as families and as relevant community members , whose experience is worth learning about.

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Thank you for your time

Regarding

Issues of humanity society spiritual emotional mental and physical wellbeing, as atone wholesome

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Language matters

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