Submission to Mental Health Inquiry of the Productivity Commission

To Whom It May Concern:

Myself and my husband have read up on this inquiry and we do see the problems that you are wanting to solve.

What does concern us is the money that has been spent on this ever increasing problem, and yet there has been no solutions that have actually solved the problem, instead more money is needed and spent on the same problem but the statistics continue to rise.

We are parents of 2 kids, their health and wellbeing is our main concern. We are lucky as myself and my husband are well educated parents who look after our kids very well, they are both very happy kids and well educated. The problem is I find that other parents do have problems in child raising, they think that there is something ‘wrong’ with their kids and they look to other measures to get help in this problem. Yet there are no solutions out there or none that get pushed on the importance of ones kids being educated (which is not just going to school but where ones kids know and can apply what they learn) and eating properly, and being cared for and helped and thanked for their contribution to society etc.

Really the importance of this education where the kids know what they are learning about and can and do have the ability to apply what they learn. Because they get misunderstandings from school and can struggle with education this then affects their ability in life and their happiness. Parents also don’t know how to look after their kids in terms of what to feed their kids and they load them up on sugary food and this has a bad affect on their kids behaviour, this also then brings up the point of something ‘wrong’ with my child and they struggle at school etc and this is what can have and does have an affect on their life as they can’t become what they want to be later in life. Yet a big issue with this is failing in education which is the foundation of success in life.

Going to see a Psychologist or Psychiatrist to handle this problem that is created what then happens is the actual root of the problem is not handled but only covered up yet the actual ‘problem’ is not properly found and handled. So the thing just continues to persist in the present and continues into the future which later has a bad effect on their life and their future success in life.

How about having proper technology in schools which handles and help a child actually learn and know what they are learning and they know how to apply the data in life, that there is actual use for what they are studying? You then would have a situation where kids love school, that KNOW and can APPLY and know then that they can be whatever they want to be in life, all of this is the foundation which if not handled correctly effects their ‘mental health’. We can handle this problem and the handling is not to medicate people, this is a bandaid handling, it does not go to the root of the problem and handle it once and for all and I do believe and know that there are other handlings out there for people, so they can contribute to society and be thanked for their contribution and to know and feel that they are needed and wanted in this society.
Kind regards.