



To: Mental Health Inquiry Productivity Commission

From: Robert Kamaralli

10 January 2020

Dear Commission,

I have looked through the October 2019 Mental Health Productivity Commission Draft Report Overview & Recommendations. They read more like a document from communist China or the USSR than Australia.

Australian schools are meant to educate - not act as clinics to feed kids onto psychotropic drugs. The Draft Report says the early childhood education centres and schools need to be effective gateways for students and families into the mental health system.

Since I've had experience with someone on SSRIs and the horrendous side effects from Paroxetine and Olanzapine I believe that we as a nation should be doing everything we can to prevent further people from being addicted to these drugs.

The listed side effects on the product information include suicidality, tremors, headaches, more depression, agitation, nausea, muscle pain & dizziness. These are also additionally recorded in the TGA Database of Adverse Event Notifications ( and only 1% to 10% of the side effects are actually reported ).

The idea that kids below 3 years old ( perinatal and pre-school per Part IV Early intervention and prevention ) should be screened & targeted as prospects for mind altering drugs is beyond belief.

The overview of the draft report says ... "Almost half of all Australian adults will meet the diagnostic criteria for a mental illness at some point in their lives,"

However per Thomas Insel, Director of the American National Institute of Mental Health, these criteria are arrived at by "consensus" - ie: voting. Diagnosis includes no lab or scientific tests. As well it's on record that the top psychiatrist, Allen Frances, who produced the DSM IV used for diagnosis said ...

"There are no objective tests in psychiatry — no X-ray, laboratory, or exam finding that says definitively that someone does or does not have a mental disorder." "It's bullshit. I mean, you just can't define it."

Unbelievably, the symptoms used to diagnose these "psychiatric disorders" for our under 3 year old kids include crying, irregular feeding, difficulty sleeping or sleeping with lights on, whining, crying, temper tantrums & shyness - all extremely usual behaviour for little kids.

I strongly object to the recommendations in this report.

regards,

Robert Kamaralli