

The evidence is clear; hormone-altering chemicals are both purposefully and inadvertently added to the plastics ubiquitous in our lives and tiny exposures to them can have large impacts on our health and the health of children. Dr Myers offers a new version of the three Rs: Instead of "reduce, reuse, recycle," he suggested REDESIGN plastics without harmful pollutants, REFORM regulation to account for low doses that may have harm, and RECHARGE health advocates. <https://www.ehn.org/how-plastics-threaten-future-generations-2641002267.html>