Dear Productivity Comission,
Regarding Mental Health screening and potential psychotropic drugging of Australian babies aged 0-3.

On a personal level I am very against this act. There are no scientifically proven workable tests on Mental Health in the industry of Psychiatry, this is evidenced on the Citizens Commission on Human Rights and documentaries they have produced regarding the Diagnostic manual of Psychiatry. And there is not a history of recoveries of people with Mental Health problems who have then taken Psychiatric shock, medication, lobotomies and so on that have proven a resolution in the person’s Mental Health.
There is however, a high rate of suicides all over the world of people on psychotropic drugs.

There are many other side effects and risks of these medications that could harm the growth of an infant.

To pre-diagnose is unreasonable and can’t be proven as a workable method. One cannot guarantee that a child is going to be a certain way in a few months or years.
I was a very bratty child, upto all kinds of mischief. I am now a successful owner of a farming company in Australia and I have had no need for mental health treatment.

The suggested ‘symptoms’ of babies who are said to be ‘mentally unwell’ are all natural occurring baby mannerisms, such as: ***irregular feeding, difficulty sleeping, whining, crying, temper tantrums, shyness, sleeping with the light on and hyperactivity.***

Sure these are things parents want help with and may need more education and training from nurses and their own parents etc on how to deal with some of these things. But these are not mentally ill symptoms, they’re symptoms of being babies.

I have nannied for over 8 years 3 children for one family, 2 for another and 1 for another. And I can guarantee at some point they have reacted as above, the youngest ones, however with a proper feeding schedule, sleep and the right kinds of foods they have all grown up to be wonderful individuals with no mental health concern.

The solution is not drugs, it’s not this industry (that claims to be experts with no evidence of scientifically proven tests) the solution is better educated parents from nurses or classes that can be delivered. And healthy diet, with a schedule for the baby to get enough sleep.

Accurate nutrition and better education is where the money should be focused.

With the above said symptoms our country will all be on drugs within the coming generations, as I have not met a child/baby to-date that didn’t cry.
This is how they communicate as they can’t speak.
If we went off these symptoms our Australia will over time be a numb, zombie society, incapable of producing and giving back.

Please consider my submission.